

BECOME A DD4D CHAMPION

A voice made in water.

You do not need to swim every day. You do not need a huge following. You do not need to organise anything unless you want to. Being a DD4D Champion simply means standing with us, helping more people hear about neuroendocrine cancer, and keeping the ripple moving.



Champions turn one person's challenge into a community.

Daily Dip 4 Dave began with one daily sea swim and grew because people chose to join in, share the story, bring friends, create their own dips and keep talking about why it matters. Our Champions are part of that next chapter.

There is no minimum commitment and no pressure to perform. Do as little or as much as fits your life. One share matters. One conversation matters. One person turning up matters.

SHARE	SHOW UP	CREATE
Share DD4D posts, facts, fundraising pages and campaign messages. Help accurate NET cancer awareness travel beyond our own audience.	Join a DD4D dip, awareness day, fundraiser or Champion meet-up when you can. Bring a friend. Wear the cap. Be visible.	Fancy doing more? Arrange your own dip, coffee morning, workplace challenge, walk, fundraiser or awareness moment. We will help you shape it.

WHAT BEING A CHAMPION CAN LOOK LIKE

No job description. No clipboard. No guilt.

Some Champions will simply share a post now and again. Others may become the person who gathers twenty people at a lake, beach or lido. Some might talk about NET cancer at work, fundraise, introduce us to a useful contact, or help at a DD4D event. All of it counts.



What you get from us

Your DD4D Champion cap

A little flag for the movement. Wear it on dips, walks, events or wherever you want to start a conversation.

A private Champion chat

A friendly space to swap ideas, ask questions, share photos, celebrate wins and get help without everything having to be public.

Practical support

If you want to arrange something, we can help with wording, social posts, DD4D information, fundraising ideas and sensible event planning.

Champion resources

Ready-to-share campaign graphics, key messages and simple NET cancer information so you are never left wondering what to say.

An annual Champion get-together

We would love to bring the group together once a year for a dip, a catch-up and a chance to shape what DD4D does next.

A direct line into the charity

Champions are our eyes, ears and extra voices. Tell us what is working, what people are asking, and where DD4D could make a difference.

YOUR CHAMPIONSHIP. YOUR WAY.

Tiny ripple or full tidal wave. Both belong here.

KEEP THE RIPPLE GOING

Share a post. Mention DD4D. Wear your cap. Join the private chat. Come along when something is happening.

BRING PEOPLE WITH YOU

Join events, invite friends, share campaign days, help locally, fundraise occasionally or connect DD4D with people who may be able to help.

MAKE SOMETHING HAPPEN

Create your own dip or fundraiser, build a local group, take DD4D into your workplace or community, or dream up something we have not thought of yet.

A few things we ask in return

Keep DD4D welcoming. Share information responsibly. Never feel you have to give medical advice. If you organise an activity, make safety the priority and ask us if you are unsure about anything. Most importantly, remember why the movement exists: to give people affected by neuroendocrine cancer a louder voice and help push awareness and earlier diagnosis forward.

READY TO BE PART OF IT?

Join us. Start small. See where the water takes it.

Daily Dip 4 Dave. | Registered Charity No. 1218481